

Hunger

Why is this a Global Justice Issue (GJI)?

Hunger is a global justice issue because people have unequal access to safe, nutritious, and sufficient food. While there is enough food produced globally to feed everyone, poverty, conflict, climate change, inequality, and unfair food systems mean that millions of people still experience hunger and malnutrition. Hunger affects people's health, education, wellbeing, and opportunities in life. Addressing hunger means looking at the root causes of inequality and working towards fairer food systems for everyone.



Connected Global Justice Issues

Poverty, Climate Justice, Health, Conflict and War, Migration, Human Rights, Sustainable Agriculture, Water Access, Inequality, Food Security.



Sustainable Development Goals (SDGs)

1: No Poverty. 2: Zero Hunger. 3: Good Health and Well-being. 6: Clean Water and Sanitation. 10: Reduced Inequalities. 12: Responsible Consumption and Production. 13: Climate Action. 15: Life on Land.

Topic	Teaching and Learning Activity	Resource for Activity
Concern: Hunger	This 8 page resource booklet features information, statistics and activities to explore the root causes of hunger, waste and consumption and Concern's responses to hunger. It also contains a role play activity with scenario cards.	Concern Sustainable Development Goals Education Resource: Hunger 
World Food Programme: Classroom Activities	This webpage helps learners explore the causes and impacts of global hunger through facts, personal stories, discussion questions and interactive activities . It encourages empathy and action to help end world hunger.	Hunger Lesson Plans (World Food Programme USA, 2026) 

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World Food Day	PDST at Scoilnet have a section dedicated to World Food Day (celebrated on the 16 October annually). The web page includes up to date data, videos and suggested activities for post-primary classrooms, including lessons plans for Science, Geography, Home Economics, CSPE and more.	See the Fight Against Hunger from the Worlds Largest Lesson 
Global Hunger Map	Food Insecurity Comparison • In pairs, learners compare undernourishment and food insecurity data for one Global North and one Global South country. • Learners discuss similarities, differences and possible causes. • Join up with another pair of learners and share new learning.	FAO interactive hunger map 
Focus on Root Causes	• Learners identify key points from the article, poster and short video in the resource column. • They list the root causes mentioned and discuss any others which can be added. • Use this list of root causes to carry out a Diamond Ranking activity.	' Why is world hunger still an issue? ', by Action Contre la Faim (2026). 
		' Hunger SDG 2 Poster ', by Concern . 
		' How did we get here? ' video (3.40 mins) (CARE, 2022). 
		See WWGS for instructions on a Diamond Ranking Activity . 

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Myths about Hunger	• Walking Debate: use the myths on Global Hunger as statements for a Walking Debate. • Jigsaw Activity: divide the 10 myths across 5 student groups, learners become experts in their groups and then teach other learners their myths and why they are debunked.	10 Myths about Global Hunger from developmenteducation.ie This PDF contains a short introduction and links to the SDGs, followed by 10 myths about global hunger which are then debunked/falsified with accurate reliable information. 
		Walking Debate from WWGS 
		Jigsaw from OIDE 
Hunger as a Consequence of War	This resource from Afri explores the interconnection between war and hunger. It includes an introduction followed by 3 sections each with a range of activities: The Scourge of War, The Humanitarian Cost of War: Hunger and Sowing Seeds of Peace as Active Citizens.	Sowing Seeds of Peace: A Global Citizenship Education Resource on Hunger as a Consequence of War, from Afri 2024. 
Harvest for the Future: Board Game	This board game explores inequality and food security. Instructions and materials are all included; printing and cutting of cards is required in advance of playing. A game debrief with 3 follow-up classroom activities to explore the issues further is included in the PDF.	Trocaire: Harvest for the Future 

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Night Stars: Comic	Read through the comic in groups, as a class or on individual devices if possible. Carry out a World Cafe activity on the comic: • Café 1 identifies hunger facts • Café 2 identifies obstacles to food security (e.g. soil quality, climate/natural disasters, valuing indigenous knowledge) • Café 3 focuses on the possible solutions. Encourage learners to add their own learning, i.e. not limited to ideas from the comic. Additional activities: role play the comic, add new scenes, write a blurb or a blog to promote the comic. Learners create their own comic, poster, song or poem on issue of Global Hunger.	See the World's Largest Lesson for the comic Night Stars: Zero Hunger. The comic aims to highlight SDG 2 – Zero Hunger and incorporates UNICEF's message to end hunger, improve nutrition and promote sustainable agriculture. 
		World Cafe activity 
Digging Deeper	Use a Concentric Circles or Fishbowl method to discuss: <i>If the world produces enough food for everyone, why does hunger still exist?</i>	Concentric Circles activity from WWGS 
		Fishbowl activity from WWGS 
	Dig deeper into this question by using a Why-Why-Why Chain or the WWGS Digging Deeper tool; these can be individual or group activities.	Why-Why-Why Chain activity from WWGS 
		Find the WWGS Digging Deeper Tool, also available as Gaeilge. 

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Turning Assets into Action	In this 1 hour lesson , with extension options, learners explore SDG 2: Zero Hunger and examine the work of the World Food Programme. They focus on action by designing a campaign for those affected by malnutrition (Google searches may be required to access some of the videos mentioned).	Turing Assests into Action in the Fight Against Hunger , from the World's Largest Lesson. 



- Explore [Free Rice](#) from the United Nations WFP, learners take a quiz and every correct answer raises 10 grains of rice to support the work of WFP.
- Promote fair trade products in school or at home to support farmers and workers fairly. See the WWGS case study page for school actions on fair trade, e.g. [Castletroy College](#).
- Create posters, social media campaigns, or assemblies to raise awareness about food waste, global hunger and food inequality.
- Consult the [WWGS Teacher Handbook](#) p.16-18 for ideas on student action.

Workshop Facilitators

- [Self Help Africa](#) - workshops on sustainable agriculture, trade justice and food systems.
- [Sonairte Visitor and Eco Centre](#) – workshops on sustainability, food systems and justice.
- [Cloughjordan Eco Village](#) - sustainable living and food sustainability education.
- [Eco-Unesco](#) - sustainability and ethical consumption workshops linked to food justice.
- For more workshop facilitators on hunger and linked issues, see the [WWGS Directory of GCE facilitators](#).