**Template Planning Sheet:**

**Session NAME**

**Workshop Objectives:**

1.

2.

3.

**Workshop Date:**

**Facilitators:**

|  |  |  |
| --- | --- | --- |
| **TIME & WHO**  | **ACTIVITY** (OBJECTIVES, PREPARATION, INSTRUCTIONS) | **MATERIALS NEEDED** |
| (10.15-10.20)10minsJessica | **WARM UP**Activity Objectivese.g.* .e.g. to help students relax
* To help students start thinking about the theme of X
* To start students talking and critically thinking about the issue

Preparation* Ask students to put all chairs in a circle

Instructions* Ask students to stand in a circle, shoulder to shoulder.
* Explain that in this activity they are going to….
 | 1x ball |
|  | **ACTIVITY 1 -** Activity ObjectivesPreparationInstructions |  |
|  | **ACTIVITY 2 -** Activity ObjectivesPreparationInstructions |  |
|  | **ACTIVITY 3 -** Activity ObjectivesPreparationInstructions |  |
|  | **Warm down -** Activity ObjectivesPreparationInstructions |  |