**Template Planning Sheet:**

**Session NAME**

**Workshop Objectives:**

1.

2.

3.

**Workshop Date:**

**Facilitators:**

|  |  |  |
| --- | --- | --- |
| **TIME & WHO** | **ACTIVITY**  (OBJECTIVES, PREPARATION, INSTRUCTIONS) | **MATERIALS NEEDED** |
| (10.15-10.20)  10mins  Jessica | **WARM UP**  Activity Objectives  e.g.   * .e.g. to help students relax * To help students start thinking about the theme of X * To start students talking and critically thinking about the issue   Preparation   * Ask students to put all chairs in a circle   Instructions   * Ask students to stand in a circle, shoulder to shoulder. * Explain that in this activity they are going to…. | 1x ball |
|  | **ACTIVITY 1 -**  Activity Objectives  Preparation  Instructions |  |
|  | **ACTIVITY 2 -**  Activity Objectives  Preparation  Instructions |  |
|  | **ACTIVITY 3 -**  Activity Objectives  Preparation  Instructions |  |
|  | **Warm down -**  Activity Objectives  Preparation  Instructions |  |